

CO-COACHING & THEMED COACHING

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| Region: | Hampshire, Southampton |
| *Facilitator: | Henry Champion |
| Email: | henry.champion@googlemail.com |
| Date: | Wed 16 June, Wed 21 July, Wed 8 Sept, Wed 6 Oct, Wed 10 Nov, Wed 15 Dec 2010 |
| Time: | 6.30-9.30pm |
| Venue: | 630, Brookvale Road, Portswood, Southampton, SO17 1QR |
| Cost: | Nil (small donation requested towards the work of the Brookvale Centre) |

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| Region: | West Sussex, Haywards Heath *this is a new forum please contact Gail or Dorothy direct to express interest |
| *Facilitator: | Gail Lineham, Dorothy Larios |
| E-Mail: | gail@aspirepd.co.uk or dorothy@restofyourlifeuk.com |
| Date: | Wed 14 July 2010 |
| Time: | 7.00-9.00pm |
| Venue: | Heath Town Hall, Boltro Road, West Sussex |
| Cost: | Max. £5 to cover cost of venue |
| Contact: | 07711 954798 |

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|----------------------|----------------------------------------------------------------------------------------------|
| Region: | Kent, Tunbridge Wells |
| *Facilitator: | Caroline Hart |
| E-Mail: | caroline@carolinehartcoaching.co.uk |
| Date: | Tue 17 Aug, 9 Nov 2010 |
| Time: | 6.30-9.30pm |
| Venue: | Please contact Caroline for details |
| Cost: | £2 |
| Contact: | 01892 616 219 |

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| Region: | Berkshire, Cookham |
| *Facilitator: | Angela Dunbar *Angela is stepping down as facilitator so we're looking for someone to take this on. Please contact Angela to know more. |
| E-Mail: | coach@angeladunbar.co.uk |
| Date: | Wed 28 July 2010 |
| Time: | 5pm - 8pm |
| Venue: | Eastleigh, Worster Road, Cookham, Berkshire, SL6 9JG |
| Cost: | £2 towards refreshments |

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|----------------------|--------------------------------------------------------------------------------|
| Region: | Berkshire (South), Crowthorne |
| *Facilitator: | Ro Gorell |
| E-Mail: | rogorell@ascent2change.co.uk |
| Date: | Tue 15 June, Tue 6 July, Tue 10 Aug, Tue 12 Oct, Tue 9 Nov 2010 |
| Time: | 6pm - 9pm |
| Venue: | 15 Pinewood Avenue, Crowthorne, RG45 6RR |
| Cost: | £2 towards refreshments |
| Contact: | Ro on 07939 946628 |

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|----------------------|--------------------------------------------------------------------|
| Region: | Berkshire, Newbury |
| *Facilitator: | Michelle Lucas & Janet Rutherford |
| E-Mail: | janet@white-duck.co.uk |
| Date: | Mon 14 June, Mon 9 Aug, Mon 11 Oct 2010 |
| Time: | 6.30-8.30pm |
| Venue: | EBP, 188 Main St, New Greenham Park, RG19 6HW |
| Cost: | £2 |
| Contact: | Michelle on 07717 122 950 |

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|----------------------|----------------------------------------------------------------------------|
| Region: | London, Central |
| *Facilitator: | Tony Pritchard |
| E-Mail: | consult.ajp@googlemail.com |
| Date: | Thur 10 June, Thur 12 Aug, Thur 14 Oct 2010 |
| Time: | 6.00-8.30pm |
| Venue: | 6th floor meeting room 250 Euston Rd, London NW1 2PQ |
| Cost: | £3 towards venue costs |

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| Region: | London, City |
| *Facilitator: | Derek Ross, Derek operates a waiting list for this forum so please contact him to enquire about space |
| E-Mail: | Derek@influentialcoaching.com |
| Date: | Last Tuesday of every month, 2010 |
| Time: | 4pm - 7pm |
| Venue: | Penna: 1st Floor, 55 Gracechurch Street, EC3V |
| Cost: | Nil |

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| Region: | London, London Bridge |
| *Facilitator: | This forum is currently looking for a new facilitator. If you are interested please contact Elspeth Campbell |
| E-Mail: | Elspeth@associationforcoaching.com |
| Date: | Thur 24 June, Thur 29 July 2010 |
| Time: | 4.30pm - 7.00pm |
| Venue: | Langdale House, 11, Marshalsea Road, London SE1 1EN |
| Cost: | £3 per person and includes refreshments |

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|----------------------|--------------------------------------------------------------------------|
| Region: | London, South (Wimbledon) |
| *Facilitator: | Elspeth Campbell |
| E-Mail: | elspeth@ozten.demon.co.uk |
| Date: | Tue 8 June, Thur 22 July, Wed 8 Sept, Tue 12 Oct, Thur 25 Nov 2010 |
| Time: | 6.30pm - 9.15pm |
| Venue: | 54, Skeena Hill, London, SW18 5PL |
| Cost: | £2 |
| Contact: | 0786 77 88 567 |

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|----------------------|-----------------------------------------------------------------------|
| Region: | London, West (Chiswick) |
| *Facilitator: | Alison Hodge |
| E-Mail: | alison@alisonhodge.com |
| Date: | Wed 16 June, Thur 15 July, Tues 14 Sept, Wed 17 Nov, Tues 14 Dec 2010 |
| Time: | 6.30 - 9.00pm |
| Venue: | 12 Heathfield Gardens, Chiswick, London W4 4JY |
| Cost: | £2 |

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|----------------------|------------------------------------------------------------------------------|
| Region: | Portishead, Bristol |
| *Facilitator: | Tracy Taylor |
| E-Mail: | tracy.taylor@co-op.co.uk |
| Date: | Mon 14 June, Mon 2 Aug, Mon 20 Sept, Mon 8 Nov 2010 |
| Time: | 6.00 - 8.30pm |
| Venue: | Co-operative Store, Training Room, Wyndham Way, Portishead, Bristol BS20 8LR |
| Cost: | £1.00 towards refreshments |
| Contact: | 07739 657 526 |

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| Region: | North Buckinghamshire, Stewkley |
| *Facilitator: | Deni Lyall *this is a new forum please contact Deni direct to express interest |
| E-Mail: | deni@winningperformance.co.uk |
| Date: | Thur 16 Sept, Thur 14 Oct, Thur 18 Nov 2010 |
| Time: | 6pm - 8.30pm |
| Venue: | 6 Courtneidge Close, Stewkley, Leighton buzzard. LU7 0EL |
| Cost: | £2 towards refreshments |
| Contact: | 07973 273 009 |

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|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| Region: | Hertfordshire, St Albans |
| *Facilitator: | Shirley Barton, Renato Fantoni - *Attendance is subject to application and confirmation from dlai@statec.co.uk |
| E-Mail: | dlai@statec.co.uk |
| Date: | 30 June, 8 Sept, 20 Oct, 1 Dec 2010 |
| Time: | 7.30pm - 10.00pm |
| Venue: | The Old School, Sandridgebury, St. Albans, AL3 6JB |

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| Region: | Essex, Brentwood |
| *Facilitator: | Tessa Madejczyk and Janice Haffenden |
| E-Mail: | Janice Haffenden - ice_h@tiscali.co.uk |
| Date: | Wed 9 June, Wed 7 July, Wed 8 Sept, Wed 13 Oct, Wed 10 Nov 2010 |
| Time: | 5.00 for networking, then 5.30-8.00pm |
| Venue: | The Marygreen Manor Hotel, Brentwood CM14 5NF - http://www.marygreenmanor.co.uk/howtofindus.htm |

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|----------------------|--------------------------------------------------------|
| Region: | Cambridgeshire, Milton, East Anglia |
| *Facilitator: | David Bredin |
| E-Mail: | david@4sight.biz |
| Date: | Wed 14 July, Wed 8 Sept, Wed 10 Nov 2010 |
| Time: | 6.00p.m |
| Venue: | 1 Barnabus Court, Milton, Cambs, CB4 6WR |
| Cost: | Minimal around £3 |
| Contact: | 0845 3457043 |

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|----------------------|-----------------------------------------------------------------------------|
| Region: | West Midlands, Stourbridge |
| *Facilitator: | Mandy Gutsell |
| E-Mail: | Mandy@knowlimitscoach.com |
| Date: | Mon 14 June, Mon 12 July, Mon 20 Sept, Mon 18 Oct, 15 Nov, 2010 |
| Time: | 5.00pm - 8.00pm |
| Venue: | The Well Coffee Shop, 105, High Street, Stourbridge, West Midlands, DY8 1EE |
| Cost: | £9.40 |

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| Contact: | 07951 229 941 |
| Region: | East Midlands/Northamptonshire |
| *Facilitator: | Sue Stafford |
| E-Mail: | sue.stafford@coach2succeed.co.uk |
| Date: | Mon 12 July, Mon 13 Sept 2010 |
| Time: | 6.30-9.00pm |
| Venue: | Oakham - contact Sue for address |
| Contact: | 07747017450 for more details |

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|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Region: | Derby |
| *Facilitator: | Chrissie Bedwin, William Barron |
| E-Mail: | chrissie@aimhighcoaching.co.uk or william@creatinginsight.co.uk |
| Date: | Thur 17 June, Thur 15 July, Thur 19 August, Thur 16 Sept, Thur 21 Oct, Thur 18 Nov 2010 |
| Time: | 10.00am -12.00 noon |
| Venue: | TBC (contact organisers for more information and to book) |
| Cost: | Max: £4 |
| Contact: | William Barron on 01332 384087 or 07976 302 052 |

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|----------------------|--------------------------------------------------------------------------|
| Region: | West Yorkshire, Bradford |
| *Facilitator: | Elizabeth Ford |
| E-Mail: | liz@ford-consulting.co.uk |
| Date: | Thur 24 June, Thur 22 July, Thur 9 Sept, Thur 21 Oct 2010 |
| Time: | 6.00-9.00pm |
| Venue: | Midland Hotel, Forster Square, Bradford BD1 4HU |
| Cost: | £7.50 |
| Contact: | 07885 312 895 |

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|----------------------|------------------------------------------------------------------------------------|
| Region: | Yorkshire, Hull |
| *Facilitator: | Beverley Petrossian |
| E-Mail: | beverleypetrossian@yahoo.co.uk |
| Date: | Tue 1 June, Tue 20 July, Tue 7 Sept, Tue 19 Oct, Tue 30 Nov 2010 |
| Time: | 6.00pm for 6.30pm start, 8.30pm finish |
| Venue: | Contact Bev for venue details |
| Cost: | £5 |
| Contact: | 07968 482238 |

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|----------------------|---------------------------------------------------------------------------------------------|
| Region: | North Yorkshire, Harrogate |
| *Facilitator: | Benita Treanor |
| E-Mail: | benita.treanor@primeast.com |
| Date: | Mon 14 June, Tue 6 July, Mon 2 Aug, Mon 6 Sept, Tue 12 Oct, Mon 8th Nov 2010 |
| Time: | 6.00pm networking, 6.30-9.00pm co-coaching |
| Venue: | Primeast 5 Greengate, Cardale Park, Harrogate HG3 1GY (opposite Harlow Car Gardens turning) |
| Cost: | £3 |
| Contact: | Benita on 07887 662961 |

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|----------------------|--------------------------------------------------------------------|
| Region: | North East, Newcastle (New region) |
| *Facilitator: | Sue Timson |
| E-Mail: | sue@leadingedge-uk.com |
| Date: | Tuesday 13 July, Tuesday 21 Sept, Tuesday 23 Nov 2010 |
| Time: | 6pm (networking) 6.30pm - 8.30pm |
| Venue: | Central Newcastle venue. |
| Cost: | £3 |
| Contact: | Sue Timson for more details: 07712 763856 |

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| Region: | Wales, Cardiff |
| *Facilitator: | Nicky Spode, Evelyn Thomas, Charlotte Hitchings |
| E-Mail: | nicky@instar-leadershipcoaching.com |
| Date: | Wed 9 June, Wed 21 July, Wed 29 Sept, Wed 24 Nov 2010 |
| Time: | 5.30 -8.00pm (5.30 networking, 6 - 8pm co-coaching) |
| Venue: | contact Nicky for details |
| Cost: | £1 |
| Contact: | 07914 644 146 |

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|----------------------|------------------------------------------------------------------------------------------|
| Region: | Scotland, Aberdeen |
| *Facilitator: | Susan MacLennan |
| E-Mail: | susan.j.maclellan@abdn.ac.uk |
| Date: | Wed 25 Aug, Tue 16 November 2010 |
| Time: | 5.30pm - 8.30pm |
| Venue: | MacRobert Building, University of Aberdeen, King Street (contact Susan for more details) |
| Cost: | £4 |
| Contact: | 01224 274461 |

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| Region: | Ireland (Belfast) |
| *Facilitator: | John McLean |
| E-Mail: | john@thisis.eu |
| Date: | Wed 16 June, Wed 15 Sept, Wed 27 Oct 2010 |
| Time: | 6.15pm - 8.15pm |
| Venue: | Gem, 9 Lanyon Place, Belfast. BT1 3LP |
| Cost: | £4 |
| Contact: | John McClean for further information |

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|----------------------|----------------------------------------------------------------------------------------|
| Region: | Ireland (Dublin) |
| *Facilitator: | Jim Loughry |
| E-Mail: | jim@jklcoachingandconsulting.com |
| Date: | Thur 10 June, 9 Sept, 20 Oct, 2 Dec 2010 |
| Time: | 5.30pm for 6.00 to 8.00pm |
| Venue: | Coach Centre, 44 Westland Row, Dublin 2 |
| Cost: | 5 euros |
| Contact: | 00 44 (0)7897338233 |