



Association for Coaching UK presents

Leading in Change, Uncertainty and Crisis – How coaching to improve Resilience can help

Date: Thursday 15 September 2011

Time: 5:30pm networking – 6:00pm to 9pm for the workshop

Venue: Wolfson Court, University of Cambridge,
Clarkson Road, Cambridge, CB3 0HD
Tel: (0) 1223 764941

Directions: <http://www.girton.cam.ac.uk/contact/directions/>

Price: £21 members (£ 17.50 exc VAT), £37.00 non-members (£30.83 exc VAT)
Will include light refreshments.

Speakers: Sharon Stevens and Rachel McGill

This is classified as Coaching Skills Development - An event led by a leading industry professional, already known to the audience.

This workshop offers coaches some insights and real life experiences to help their clients become more resilient, able to better lead in times of change, uncertainty and crisis.

About this event:

This workshop is aimed at coaches, particularly those focusing on leadership, individual, team and business performance.

The economic environment in which leaders are currently operating is full of uncertainty, change and even crisis. Assuming a leaders' responsibility is to create the conditions which optimise performance you will learn what it requires of a leader who may be dealing with their own personal uncertainty, change or crisis.

Based on personal insights gained from Resilient Leaders, experienced at making difficult decisions in difficult situations, we will

- Share a coaching model that offers structure for leadership and personal development and growth
- Provide some real life case studies where this model has helped
- Give you an experience of how this model works in action

By the end of this session, you will have:

- increased your understanding of resilience and how to build it in your clients
- worked with the model to identify specific elements of your own resilience
- Considered how this model might help with your current coaching challenges

This workshop is eligible for CPD and a Certificate will be given the night of the event. We look forward to seeing you there!

"Promoting Excellence and Ethics in Coaching"
www.associationforcoaching.com

How to Book: This is another very special event, and definitely one not to be missed! Places are limited to **30** people. To book, visit the 'events' section in our website, or through this link http://www.associationforcoaching.com/event/workshops.htm#1_15 Book early as we expect to sell out!

Once you have successfully booked and paid for the event, you will receive a confirmation email with full details of the event. **Please bring your confirmation email with you to the event to ensure a fast and efficient registration.**

For additional workshop queries, email workshops@associationforcoaching.com

For non-members of the AC, please note that you can save money on this and future events and receive a wealth of other benefits by joining the AC. For more information and an application form go to <http://www.associationforcoaching.com/memb/memb.htm> or email members@associationforcoaching.com.

Speaker Bios

Rachel McGill has 19 years of leadership development experience that began when she was commissioned into the army at 18 years old. At 23 she became the youngest Captain in the Royal Army Ordnance Corps and during her 8 years in the Army she worked with the UN in Angola and was part of the 3 woman team that broke the world record for the fastest circumnavigation of the globe in a car. Rachel left the army to work with young people doing vocational management training and during that time began working as a change leadership consultant for different organisations. For the past 10 years Rachel has been specialising in building resilience in leaders.

Sharon Stevens brings 25 years of blue chip business experience to her work as coach and facilitator. She has spent the last 15 years concentrating on internal communication, coaching, cultural and organisational change both in the public and private sectors. Her interest in coaching for performance was ignited when working as European Communication Manager on a change programme to re-engineer all business processes across Unilever's European Food businesses. Sharon is a pragmatic coach and constantly helps her clients look at ways to simplify structures and processes to optimise performance opportunities. She works with executives and their teams who want to improve their performance.

Association for Coaching

Established in 2002, The Association for Coaching (r) (AC) is an independent, not-for-profit body with the goal to advance the profession of coaching worldwide. This includes promoting best practice and raising the awareness, standards and ethics of coaching, with members made up of professional coaches, trainers/providers of coaching, and organisations building coaching cultures.

Don't miss the AC's new book, *Leadership Coaching*, which provides a rich collection of different models, approaches, and techniques to use when coaching Leaders. This book is part of the successful Association for Coaching series, edited by Jonathan Passmore and published by Kogan Page, which includes *Psychometrics in Coaching*, *Diversity in Coaching* plus the highly acclaimed "*Excellence in Coaching: The Industry Guide*" 2nd Edition is now available featuring brand new chapters. Order all from www.associationforcoaching.com/home/acbookstore.htm

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