



Association for Coaching
presents
“Revisiting 3 core skills in Coaching”
Rapport, Active Listening, & Challenge

Date: 28th February 2012

Time: 6.30 Networking 7.00 pm start

Venue: Dunton Bassett Village Hall, Leicestershire, LE17 5JL [Street Parking]

Directions: [Map](#) or **Contact:** Ian Sasse 07836 669 303 in advance.

Price: £12.00 members, £24.00 non-members (inc VAT) (Price includes Tea & Coffee)

Speakers: **Helen Bullock, Chrissie Bedwin, Ian Sasse**

This LNE is classified as:

***A Coaching skills development** - A fresh, original approach to coaching*

By the end of this session you will have:

- Explored three core skills of the professional coach
- Heard the personal perspectives of experienced coaches in using these skills
- Shared & Discussed experiences of deploying these skills in various contexts

About this event:

As is becoming traditional for the first LNE of the year in the East Midlands, this event takes the form of a facilitated discussion with deliberate opportunities for other coaches to contribute their own perspectives. This approach to shared learning has been produced some of the best feedback of the year with requests that we do more.

The three chosen skills are amongst those identified as core within the AC accreditation process and have been selected by the speakers as powerful factors in successful coaching outcomes. During this session we will explore the contribution of each skill to the coaching process, techniques, approaches, and issues that may arise.

This workshop is eligible for CPD and a Certificate will be given the night of the event. We look forward to seeing you there!

This is another very special event, and definitely one not to be missed! Places are limited to 40 people. To book, visit the 'events' section in our website or via this link http://www.associationforcoaching.com/event/workshops.htm#1_4 , Book early as we expect to this event to be popular.

“Promoting Excellence and Ethics in Coaching”
www.associationforcoaching.com

Once you have successfully booked and paid for the event, you will receive a confirmation email with full details of the event. **Please bring your confirmation email with you to the event to ensure a fast and efficient registration.**

For additional workshop queries, email workshops@associationforcoaching.com

For non-members of the AC, please note that you can save money on this and future events and receive a wealth of other benefits by joining the AC. For more information and an application form go to <http://www.associationforcoaching.com/memb/memb.htm> or email members@associationforcoaching.com.

Speaker Bios:



Chrissie Bedwin is a qualified, experienced and accredited coach, focused on working with people in business and with a passionate belief in the transformational power of coaching. She works with people on their business and personal goals, their performance and relationships at work, changing behaviours and directions and managing change. Chrissie's clients range from businesses, public sector and not-for-profit organisations.

Chrissie is a certified NLP Coach Practitioner and Master NLP Practitioner. A graduate, Chrissie worked in operational management and management consultancy before setting up her own business in 1997. Chrissie also facilitates the AC Derby co-coaching forum.



Helen Bullock works as a Workforce Development Coordinator in Rotherham Metropolitan Borough Council. She has worked in the public sector for over 35 years, the majority of this time spent creating opportunities to develop managers at all levels. For 7 years Helen studied advanced Transactional Analysis at the Berne Institute, she has also studied at the Tavistock Clinic.

Helen has been a coach for over 10 years and is passionate about how individuals develop to be successful and happy within their lives.



Ian Sasse is a business growth coach and management trainer with a focus on strategic direction and board level effectiveness. With a private sector commercial background, Ian has been working with SME's, PLCs, Start-ups and public sector organisations since 2002.

Association for Coaching

Established in 2002, The Association for Coaching (r) (AC) is an independent, not-for-profit body with the goal to advance the profession of coaching worldwide. This includes promoting best practice and raising the awareness, standards and ethics of coaching, with members made up of professional coaches, trainers/providers of coaching, and organisations building coaching cultures.

Don't miss the AC's new book, *Supervision in Coaching*, which examines how coaches can use a range of professional development tools to improve and develop their coaching supervision. This book is part of the successful Association for Coaching series, edited by Jonathan Passmore and published by Kogan Page, which includes *Excellence in Coaching*, *Psychometrics in Coaching*, *Diversity in Coaching* and *Leadership Coaching*. Order from www.associationforcoaching.com.

To subscribe to the AC Mailing List and receive updated information on events, research and developments within Coaching, visit <http://www.associationforcoaching.com/tact/list.htm>

"Promoting Excellence and Ethics in Coaching"

www.associationforcoaching.com