



## **Association for Coaching Guidelines for Choosing Training Courses**

As an independent body, the AC is not in a position to recommend a particular training school, however, below are some options which you may find useful.

### **AC Online directory section:**

Please visit the online directory section on our web-site <http://www.associationforcoaching.com/dir/org.htm> to see a list of some of the AC Training Providers/Organisational members who are vetted and abide by our code of ethics and good practice. Please also be sure to bookmark the AC website, as new information on an array of coaching matters is being posted there on an ongoing basis.

### **Other online resources:**

Another website which has a good resources section and outlines some of the existing coaching schools is <http://www.coachingnetwork.org.uk/ResourceCentre/TrainingAndAccreditation>

There is also Marianne Craig's e-book: **How to Become a Coach: A Guide to Training and Skills for Life and Business Coaching**. You can download it for **\$24.50** (approximately £14.00) from <http://www.coachlifeandcareer.com/becomealifecoach.htm> and it contains the up to date contact details and web-links for **coach training courses**.

Another resource is the EuroCoach mailing list. For further details, log onto [www.EuroCoachList.com](http://www.EuroCoachList.com) which includes general information about the list, details about how to sign up and the list has regular discussions about coaching, including recommendations for coach training schools.

In all of the above, we would recommend that you call the schools and either ask to speak to a coach who has graduated from there or ask for a free trial coaching session to gain an understanding of the methodology used.

### **CPD events:**

Finally, another option would be to attend one of the CPD (continuous professional development) events that the AC hold regularly, which will be an opportunity to increase your knowledge and also an excellent way to meet and speak to lots of Coaches. Further details and booking information is on <http://www.associationforcoaching.com/event/event.htm>

If you would like to join the Association for Coaching to receive updated information on events and other developments within the field of coaching, please email [members@associationforcoaching.com](mailto:members@associationforcoaching.com) for an e-membership pack.

[www.associationforcoaching.com](http://www.associationforcoaching.com)

*"promoting excellence & ethics in coaching"*

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